

AROUND THE Circle Newsletter

Circle of Concern
Food Pantry

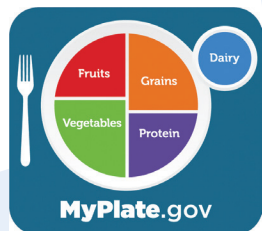


Garden Greens & Healthy Families

The last few years have brought many changes to Circle of Concern. One of the most popular of them has been our on-site garden, which produced nearly 2,000 pounds of colorful, varied fruits and vegetables for our clients in 2022.

Plans are underway for this spring's planting, and volunteers are poised to get seeds into the ground and our harvest into our clients' kitchens. We also look forward to the generous surplus that our home-gardening friends bring to share. Throughout the summer, beautiful tomatoes, greens, beans and herbs are eagerly chosen by happy clients.

These foods are on the front lines against a common adversary in the world of poverty and hunger – nutrition insecurity. While many of us have heard of food deserts and food insecurity, nutrition insecurity gets at the heart of something we all face. While many foods are inexpensive and easily available, they often don't contain much in the way of the vitamins and other nutrients we need to thrive. Circle is staring down nutrition insecurity.



Each month at Circle, we offer three featured food items to boost the nutritional value of the groceries our clients take home. In March, those items are cabbage, peppers and mushrooms, each of which are nutrient-dense. When combined with our traditional shelf-stable items, milk, eggs, fruit, potatoes, carrots, meat and more, these featured foods bring the groceries we provide closer to overall recommended dietary guidelines offered by the U.S. Department of Agriculture. To learn more about these guidelines, please visit [MyPlate.gov](https://www.mypyplate.gov).

Your gifts make this nutritional bounty possible. In a world where processed foods are often less expensive than healthier fresh foods, your support gives our clients a chance for real nutritional security. On their behalf, thank you!

Current Needs:

Several items are urgently needed. We have no back stock at all on:

- Pasta Sauce
- Cereal (especially kid-friendly)
- Snacks (with portion packs)
- Dinner "Helpers"

“Each month at Circle, we offer three featured food items to boost the nutritional value of the groceries our clients take home.”



Circle of Concern
FOOD PANTRY

*Feeding Families is
Just the Beginning*

In Honor and Memory

(August 1 - December 31, 2022)

Your gifts given in memory or honor of a loved one provide a three-fold benefit – you celebrate someone you care for, you directly support the critical programs of Circle of Concern and you honor Circle by trusting us with the tribute. For each of these, thank you.

HONOR

Jim & Sally Allen
Pam Ashcraft,
Former Pres, Harwood
Hill Women's Club
Jayne A Baggett
Karen Bellville
Betty & Judy Besch
Terry Boaz's Birthday
M A Boehmer Jr's
84th Birthday
Barbara Brown
Laura, Gene &
James Brown
Paul & Claire Buneta
Frank Byars
Christmas
Harriet Clark
Community Christian
Church Staff, Church
Family & Friends
Billie & Don Coon
Margaret Croner
Chris Delaney
for Christmas
The Drabik Girls
Karen Dunne
Eleanor, Thomas & Aiden
Ray Evans & David Liley
for Christmas
Leo Gelner
Al & Hera Gerber's
50th Anniversary
Patrick & Rita Gilliam
Stacy Gleason
Carol Gruen
Frank & Pat Haase
Steve & Becky Hager
for Christmas
Steve Hager's Birthday
Dean & Betty Hammann
Ray & Ann Harbert
Joyce Harrell's
70th Birthday
Vickie Haugen's
Selfless Service
Jean Heinemann
Dawn Held
Robert Highbloom's
Birthday
Gail Hintz
The Hogan Family
Juliet Byington Holden
Joyce Inman
Greg & Joyce John
Boyd & Barbara Jones

Alan & Sylvia Kaufman
Glenn Koenen
Carla & Don Koss
Mark Kramer
Mark & Deborah Kumming
Lafayette High School
Food Drive
Frank & Marilyn Lammers'
65th Wedding Anniversary
Judy & Bruce Leach
Michelle Lepak
Lisa
Don Loso's 90th Birthday
Rita Ludden's
90th Birthday
Nancy Lynn
The Rev Sharon Maddox's
70th Birthday
Alan McClendon
Sally McDonough
Gtr StL Meals on Wheels
Workers Who Help
Circle of Concern
Scotty Meyer's
91st Birthday
Cyndi Miller
Jo Ellen Miller's Birthday
Missouri Senator
Jill Schupp
Missouri Veterans
My Family for Christmas
Jewell Billen Nadler's
Special Birthday
Sherry Naylor, for her
kindness and
thoughtfulness
Eileen & Larry O'Brien
Emma Jean Phillips'
Birthday
Mike & Sally Pierle
James Poley
The Poley Family
Becky Pool
Larry & Edie Quick
Betty Quicksall
Dave & Nancy Robbins
Lindsey Rocchio
Dolores Rodenberg
Cheryl Rook
Rowe Family for Christmas
Hazel Rozema's
Anniversary
Rich & Barb Ruiz
for Christmas
Sarah Ryan
Martha Ryan for Christmas

Penny Ryan's Birthday
Laurie Schlatter
James Schmidt's
80th Birthday
Matthew Sinise
The Staff of Circle
of Concern
Barb Stroh for
Thanksgiving
Teachers & Staff at
Wren Hollow Elementary
Team DKM Anniversary
Linda & Chris Thumm
Al & Chris Trimbur
Julie Unk's Birthday
Lisa Weiss' Volunteer
Work in Guatemala
West County Democrats
Westermann & Butler
Families for Christmas
Justin & Kaitlyn
Williams Wedding
Nancy & Quentin Wilson
Barb Woehle

MEMORY

All Our Loved Ones
All the People Who Lost
Their Lives by Guns
Dorothy Andereck
Margaret Avery
Ray & Bobbie Baniak
John Bannen
Kenneth Barley
Margaret Barley
Sally Barnhart
Dorothy Barrath
Randall Barron
Virginia Bartnett
Marge Bauer
Ryan Bierman
Dennis Bierner
Tom Bladdick
Lena Boatright
Margaret Mary "Peg" Bolen
Martha & Earl Brewer
Mary Brockway
Jerry G Brown
Adele Buckhold
Ben Burch
Timothy Burns
Frank Byars
Jerry Caesar
Mary J Callahan
Dan Carlsen
Carol Carr

Gordon Chubbuck
Betty Clark
John & Connie Conrad
Lisa Copeland
Laura Coughlin
Pat Courtney
Katherine & Ray Dains
Sr Luella Dames
Conrad Damsgaard
Pat Devoti
Kathy Dieckmann
Marcella Dill
Pat Drentlaw
Peggy Duenke
Joan Duffey
Louise DuMontier
Dennis Dunaway
Stephen Dunne
Jean Eimers
Deb Ellis
Murray Ellis
Sandy Ely
Lois Fischer
Barbara Kay Folsom
Donna Carroll Fryer
Georgiana Geronson
Sheila Gilliam
Howard Gleason
David Goalstone
Robert & Virginia Guinther
Barbara Hanisch
Irene Hecker
Cathleen Heitmann
Dennis Helfing
Mary Henricks
Pattie Herpel
Mark Anthony Howell, Sr.
Earl & Mae Hudson
Ray Hunsicker
Jack Hynes
Jean
Jesus
Wray Johanning
Rosemary & Bill Jones
Mary Louise Junk
Al & Eleanor Kabernat's
parents
Barbara Karwoski
Barbara Kay Folsom
Jerry Kehlenbrink
Jane Kostelc
Margaret Kunst
Richard Lamzik
Lorene Lane
Alice Lauher
Tom Lemonds

On the Links!

Registration is now open for the 17th Annual Circle of Concern Golf Tournament. Sign up your foursome before we sell out!

Monday, May 22, 2023
Aberdeen Golf Club in Eureka

18 holes of challenging play
Contests / Great Food and Drinks / Auction
\$150 per player, \$600 per foursome
Sponsorships are Available!

Visit circleofconcern.org or scan with your phone to register online!



We need new or gently-used pre-kindergarten books for our lobby library. Thank you!

Many thanks to all who made the first-annual Dink It! pickleball event a huge success!
We raised nearly \$9,000 for Circle's food pantry and other critical programs!



Special thanks to our sponsors ~

Presenting Sponsors

Conversation Builds Character
Dot Foods
Fairway Automotive
Dr. Jeremy Oliver, DO

Game Sponsor

Champion Flooring Co.

Court Sponsors

Design Aire Heating & Cooling
Transco Travel LTD
West County Democrats

OUR MISSION:

Circle of Concern feeds the hungry and provides assistance to low-income families living in our community.

OUR VISION:

Improving every life in our community by reducing hunger and poverty.

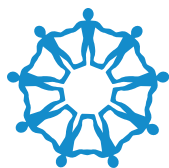
In Memory, cont.

Rose & Sylvester Liss
Loretta Littrell
Patrick Livingston
Grace Loeffelman
Mary & Jesse Lopez
Shirley Love
Pete Makulec
Debbie McCaffery
Mary McColloch
Dominic Mikal
Mom & Dad
Daniel Mueller
Marlene Muir
James & Bonnie Murphy
Francis Myatt
Helen Newberry
Ralph Newberry
Louise Niewoehner
Theresa Noronha
John & Joice O'Hare
Joan Oppliger

Flip & Arleen Pallozola
Donald Parr
Joyce Patton
Rose M. Paule
Dale Payson
Etta Peters
Wayne Peters
Jacqueline Petersen Hess
Dorothy Pfeifer
Melvin Pfeifer
Helen Pike
Mary F Ploch
Bill Plumley
Dwain Pogue
Forest Prosser
Shirley Puricelli
Carl Quicksall
Susan Richmond's Mother
Dee Rider
Mary Rogers
James Rook

Lindsay Roth
Christine Royal
Janice Rubelmann
Joe Runtz
Abigail Sammon
Bob Sanderson
Jennifer Savage
Marianne Schenck
Mike Schmaeng, Jr.
Joann (Joan) Schmidt
Amanda Schoenfeld
Kenneth Schweiss
Archie & Catherine Seguin
Charles Siebert
Sophie
David Sorenson
Dick & Helen Sponsel
Mitchell Stark
Ray Stay
Glenn Steele
Susan Strini

Ann Sundhausen
Jennifer Terry
John P Tierney, Jr.
Gerald "Jerry" Truax
Barb Tuhro
Richard Wagner, Sr.
Shelley Waterbury
Brendan Wear
Denis Weber
Michelle Weber
Robert Weiler
Jim Westermeyer
Larry Wexelman
Felix Wilke
Cooper Williams
Laura Wind
Jerry & Marj Withers
Ryker & Sammy Wolfe
Christina Woodruff
Amy Woods



Circle of Concern FOOD PANTRY

112 St. Louis Ave.
Valley Park, MO 63088
Address Service Requested

NONPROFIT
AUTO
U.S. POSTAGE
PAID
ST LOUIS, MO
PERMIT NO. 3252

**March is
National Nutrition Month
Committed to Nutrition!**

Board of Directors:

Dolores Rodenberg
PRESIDENT

Allison Love
VICE PRESIDENT

Cindy Wolk
SECRETARY

Mark Barbee
TREASURER

Brian Boeglin
Mayank Chaudhary
Thomas Chibnall
Aaron Froehlich
Bridget Guffey
Brandi Hamm
Edie Quick

We share many donations with our clients:

- Food, Canned and Packaged
- Fresh Garden Produce
- Dry Pet Food, Litter
- New Blankets, Hats, Gloves

Donations are accepted:

Mon, Tues, Fri 9 a.m. - 3 p.m.
Wed 9 a.m. - 6:30 p.m.
Thurs 9 a.m. - 12 p.m.

~ Remember ~

Your monetary gift or food donation
can qualify for MO Food Pantry
Tax Credits. Contact [juliet@](mailto:juliet@circleofconcern.org)
circleofconcern.org to find out more.

Important Dates:

March 27	Board Meeting at Circle, 5:30pm Contact Circle for more information
April 7	Circle closed for Spring Holiday
April 22	Drive-through food drive at Circle, 9 a.m. – 1 p.m. 112 St. Louis Avenue in Valley Park Hosted by King of Kings Lutheran Church
April 29	April Showers Collection by the Girl Scouts of Eastern Missouri
May 13	Stamp Out Hunger Letter Carriers Food Drive Pick-Up
May 22	17th Annual Golf Tournament Aberdeen in Eureka
October 20	Harvest Moon Trivia Andre's West in Fenton



"LIKE US" on Facebook and visit us online at www.circleofconcern.org.

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